

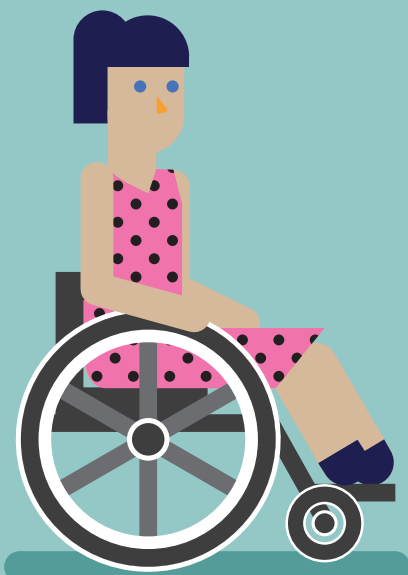
# CAN WE HELP?

**YOUTH SERVICES  
WAGGA WAGGA**



## YOUR MENTAL HEALTH MATTERS

If you need someone to talk to, there are services who can help.



### ACCESSLINE CRISIS LINE

☎ 1800 800 944 (24/7)

### KIDS HELPLINE

☎ 1800 55 1800 (24/7)

### CHILD AND ADOLESCENT MENTAL HEALTH SERVICE

Up to 18 years  
2 O'Reilly Street, Wagga Wagga  
☎ 6923 5700

### HEADSPACE WAGGA WAGGA

12 to 25 years  
2/185 Morgan Street, Wagga Wagga  
☎ 6923 3170

### MENTAL HEALTH RECOVERY PROGRAM

16 years and above  
Wagga Wagga Base Hospital  
Edward Street, Wagga Wagga  
☎ 5943 1822

### ROAR (INTEREACH)

Up to 18 years  
20 Peter Street, Wagga Wagga  
☎ 6932 8300

[wagga.nsw.gov.au/youth](http://wagga.nsw.gov.au/youth)