

CAN WE HELP?

If you or someone you know needs food, someone to talk to or maybe somewhere to sleep and shower, there are services that can help.

If you are experiencing an emergency, please call 000.

ACCOMMODATION & HOUSING

HOMES NSW

Information, assessments and referrals to homeless support and accommodation services in NSW.

Monday to Friday, 9am–5pm

02 6921 0099

25–27 Thompson Street, Wagga

LINK 2 HOME

Information, assessments and referrals to homeless support and accommodation services in NSW.

24/7

1800 152 152

EDEL QUINN - VINNIES

Showers, tea/coffee, meals, accommodation. 18 years plus.

Monday to Friday, 8am–10am

02 5942 3555

6 Edel Quinn Lane, Wagga

AUNTY CLORINES PLACE

Housing support and case management for women leaving domestic violence. 16 years plus.

Monday to Friday 9am–5pm

02 6921 4103

Must call ahead

EASTERN MURRUMBIDGEE YOUTH SERVICE - REFUGE

For young people 16 to 24 years experiencing homelessness.

24/7

0459 850 396

Must call ahead

ACCESS

FREE WIFI & PHONE

Telstra has a number of free payphones and Wi-Fi hotspots throughout Wagga Wagga.

Scan the QR code

MENTAL HEALTH & CRISIS

WAGGA WAGGA MEDICARE MENTAL HEALTH CENTRE

Walk in support.

Monday to Wednesdays 9am–5pm, Thursday 9am–7pm,

Saturday & Sunday 9am–1pm

02 6453 4440

Unit 1 4/235–241 Baylis Street
Wagga Wagga

SAFE HAVEN

Welcoming spaces for people experiencing a suicidal crisis.

Thursday to Monday, 2pm–9pm

Closed Tuesday & Wednesdays

0497 422 937

7 Yathong Street, Wagga

MURRUMBIDGEE ACCESSLINE

Local telephone service which provides residents access to expert mental health advice, support and referrals. All ages.

24/7

1800 800 944

LIFELINE

Crisis support and suicide prevention services.

24/7

13 11 14

13 YARN

Aboriginal and Torres Strait Islander crisis support line, confidential and talking with First Nations supporters only.

24/7

13 92 76

NSW DOMESTIC VIOLENCE LINE

Counselling and referrals to women experiencing domestic violence.

24/7

1800 656 463

HEALTH & HYGIENE

URGENT CARE SERVICE

Call Healthdirect where a registered nurse will assess and guide you to the care you need including booking in an free appointment with a bulk-billing local doctor.

24/7

1800 022 222

OASIS AQUATIC CENTRE

Public shower facilities (fee for service).

Monday to Friday, 6am–9pm

Saturday & Sunday 7:30am–6pm

02 6926 9390

50 Morgan Street, Wagga

PUBLIC TOILETS

Public toilets are open daily across the city.

toiletmap.gov.au

ORANGE SKY LAUNDRY

Weekly free washer/dryer sessions

orangesky.org.au/wagga-wagga

FOOD RELIEF

SALVOS DOORWAYS

Food relief, financial assistance, secure lockers and advice.

Monday to Thursday, 9:30am–12pm

02 6931 7380

182 Forysth Street, Wagga

CAREVAN WAGGA

Hot and frozen meals at locations across Wagga Wagga.

carevanwagga.org.au/

VINNIES VAN + MICAH HUB

Meals and referrals at locations across Wagga Wagga.

vinnies.org.au/nsw/find-help



Scan the QR code to find out more: wagga.nsw.gov.au/can-we-help

This resource has been collated by Wagga Wagga City Council in consultation with local services. Every endeavour has been made to ensure that details are correct. Council cannot accept responsibility for any inaccuracy, whether by inclusion or omission.



If you need an interpreter, please call the Translating and Interpreting Service (TIS) on 131 450. Ask them to call Wagga Wagga City Council on 1300 292 442. Our business hours are Monday to Friday 8.30am–5pm.

FOOD RELIEF GUIDE WAGGA WAGGA 2026

MONDAY

 **EDEL QUINN - WAGGA CBD**

Breakfast from 7am to 10am

 **MICAH HOUSE - WAGGA CBD**

Food relief from 10am to 2pm

 **ANGLICARE ASHMONT**

Food rescue and relief, 9am to 1pm

 **SALVOS DOORWAYS - WAGGA**

Monday to Thursday 9:30am to 12noon

 **VINNIES VAN - ASHMONT**

42 Tobruk Str @ 11.30am to 1.30pm

 **TOLLAND HUB**

Food rescue and relief from 1pm

 **EDEL QUINN - OUTREACH**

Wilks Park, Riverside (beach) and Oura Beach from 2pm.

Carvan meals, blankets, pillows, etc.

 **VINNIES VAN - KOORINGAL**

Kooringal Hub @ 6:00pm to 7:00pm

 **VINNIES VAN - FOREST HILL**

36 Allonby Avenue @ 7:15pm to 8:00pm

TUESDAY

 **EDEL QUINN - WAGGA CBD**

Breakfast from 7am to 10am

 **MICAH HOUSE - WAGGA CBD**

Food relief from 10am to 2pm

 **ANGLICARE ASHMONT**

Food rescue and relief, 9am to 1pm

 **SALVOS DOORWAYS - WAGGA**

Monday to Thursday 9:30am to 12noon

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36 Allonby Avenue @ 7:15pm to 8:00pm

WEDNESDAY

 **EDEL QUINN - WAGGA CBD**

Breakfast from 7am to 10am

 **MICAH HOUSE - WAGGA CBD**

Food relief from 10am to 2pm

 **ANGLICARE ASHMONT**

Food rescue and relief, 9am to 1pm

 **SALVOS DOORWAYS - WAGGA**

Monday to Thursday 9:30am to 12noon

 **KOORINGAL HUB**

Weekly BBQ Lunch @ 11.30am

 **TOLLAND HUB**

Food rescue and relief from 1pm

 **CAREVAN WAGGA - CBD**

Wesley Uniting Church Hall, 2nd & 4th Wednesdays monthly @ 6pm

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 **CAREVAN WAGGA - ASHMONT**

Ngurra Hub 1st & 3rd Wednesdays monthly @ 6pm

 **CAREVAN WAGGA - ASHMONT**

Ngurra Hub 1st & 3rd Wednesdays monthly @ 6pm

THURSDAY

 **EDEL QUINN - WAGGA CBD**

Breakfast from 7am to 10am

 **MICAH HOUSE - WAGGA CBD**

Food relief from 10am to 2pm

 **ANGLICARE ASHMONT**

Food rescue and relief, 9am to 1pm

 **SALVOS DOORWAYS - WAGGA**

Monday to Thursday 9:30am to 12noon

 **TOLLAND HUB**

Weekly BBQ Lunch @ 12pm - 1pm

 **TOLLAND HUB**

Food rescue and relief from 1pm

 **GENEROCITY - KOORINGAL**

Op-shop & Foodbank @ 3pm to 6pm

 **WAGGA BAPTIST CHURCH - CBD**

Dinner from 5:30pm during school terms

 **CAREVAN WAGGA - TOLLAND HUB**

1st and 3rd Thursdays monthly @ 6pm

FRIDAY

 **EDEL QUINN - WAGGA CBD**

Breakfast from 7am to 10am

 **MICAH HOUSE - WAGGA CBD**

Food relief from 10am to 2pm

 **ANGLICARE ASHMONT**

Food rescue and relief, 9am to 1pm

 **GENEROCITY - KOORINGAL**

Op-shop & Foodbank @ 10am to 3pm

 **TOLLAND HUB**

Weekly BBQ Lunch @ 12pm - 1pm

 **TOLLAND HUB**

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 **WAGGA BAPTIST CHURCH - CBD**

Dinner from 5:30pm during school terms

 **CAREVAN WAGGA - TOLLAND HUB**

1st and 3rd Thursdays monthly @ 6pm

SATURDAY

 **GENEROCITY - KOORINGAL**

Op-shop & Foodbank @ 10am to 1pm

SUNDAY

 **WAGGA MEDICARE MENTAL HEALTH CENTRE**

Free BBQ 3rd Wednesdays monthly @ 10am

 **Food pantry, food relief & rescue**

 **Meals and snacks**

Disclaimer: Services do not operate on public holidays unless otherwise stated. Please contact the service directly for confirmation and further details as listed on page 2. This resource has been collated by Wagga Wagga City Council in consultation with local services. Every endeavour has been made to ensure that details are correct. Council cannot accept responsibility for any inaccuracy, whether by inclusion or omission.