

# CAN WE HELP?

If you or someone you know needs food, someone to talk to or maybe somewhere to sleep and shower, there are services that can help.

*If you are experiencing an emergency, please call 000.*

## ACCOMMODATION & HOUSING

### LINK 2 HOME

Information, assessments and referrals to homeless support and accommodation services in NSW.

📅 24/7

☎ 1800 152 152

### EDEL QUINN - VINNIES

Showers, tea/coffee, meals, accommodation.

📅 Monday to Friday, 8am-10am

☎ 02 5942 3555

📍 6 Edel Quinn Lane, Wagga

### AUNTY CLORINES PLACE

Housing support and case management for women leaving domestic violence.

📅 Monday to Friday 9am-5pm

☎ 02 6921 4103

📍 Must call ahead

### EASTERN MURRUMBIDGEE YOUTH SERVICE - REFUGE

For young people 16 to 24 years experiencing homelessness.

📅 24/7

☎ 0459 850 396

📍 Must call ahead

## ACCESS

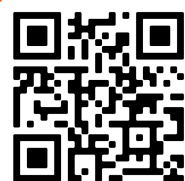
### FREE WIFI & PHONE

Telstra has a number of free payphones and Wi-Fi hotspots throughout Wagga Wagga.

📅 24/7

📍 Scan the QR code

Scan the QR code to find out more:



## MENTAL HEALTH & CRISIS

### WAGGA WAGGA MEDICARE MENTAL HEALTH CENTRE

Walk in support.

📅 Monday to Wednesdays 9am-5pm, Thursday 9am-7pm,

☎ Saturday & Sunday 9am-1pm

📍 02 6453 4440

Unit 1 4/235-241 Baylis Street  
Wagga Wagga

### SAFE HAVEN

Welcoming spaces for people experiencing a suicidal crisis.

📅 Thursday to Monday, 2pm-9pm  
Closed Tuesday & Wednesdays

☎ 0497 422 937

📍 7 Yathong Street, Wagga

### MURRUMBIDGEE ACCESSLINE

Local telephone service which provides residents access to expert mental health advice, support and referrals. All ages.

📅 24/7

☎ 1800 800 944

### LIFELINE

Crisis support and suicide prevention services.

📅 24/7

☎ 13 11 14

### 13 YARN

Aboriginal and Torres Strait Islander crisis support line, confidential and talking with First Nations supporters only.

📅 24/7

☎ 13 92 76

### NSW DOMESTIC VIOLENCE LINE

Counselling and referrals to women experiencing domestic violence.

📅 24/7

☎ 1800 656 463

## HEALTH & HYGIENE

### URGENT CARE SERVICE

Call Healthdirect where a registered nurse will assess and guide you to the care you need including booking in a free appointment with a bulk-billing local doctor.

📅 24/7

☎ 1800 022 222

### OASIS AQUATIC CENTRE

Public shower facilities (fee for service).

📅 Monday to Friday, 6am-9pm

Saturday & Sunday 7:30am-6pm

☎ 02 6926 9390

📍 50 Morgan Street, Wagga

### PUBLIC TOILETS

Public toilets are open daily across the city.

🌐 [toiletmap.gov.au](http://toiletmap.gov.au)

## FOOD RELIEF

### SALVOS DOORWAYS

Food relief, financial assistance, secure lockers and advice.

📅 Monday to Thursday, 9:30am-12pm

☎ 02 6931 7380

📍 182 Forysth Street, Wagga

### CAREVAN WAGGA

Hot and frozen meals at locations across Wagga Wagga.

🌐 [carevanwagga.org.au/](http://carevanwagga.org.au/)

### VINNIES VAN WAGGA

Meals and referrals at locations across Wagga Wagga.

🌐 [vinnies.org.au/vinnies-vans](http://vinnies.org.au/vinnies-vans)

This resource has been collated by Wagga Wagga City Council in consultation with local services. Every endeavour has been made to ensure that details are correct. Council cannot accept responsibility for any inaccuracy, whether by inclusion or omission.